



## **An Out-Of-The-Box Interview**

An out-of-the-box interview with "The Dancer" who zeek-zooks with reality: what is. This candid conversation between two individuals reveals what the majority of us are experiencing through life. It helps shift perceptions, and will have a powerful impact on how we react to daily life situations. It will also lead to a successful, serene and balanced lifestyle.

**Larry Le Roi:** Tell me where you're from.

**The Dancer:** Nowhere, I'm right here!

**Larry Le Roi:** I mean where do you live?

**The Dancer:** I live in a great mobile home. It's worth a zillion dollars. I can take a dip in a Jacuzzi anytime I want. It also has other incredible features. It can dock itself anywhere: on a ship, a train, and even on a Harley Davidson!

**Larry Le Roi:** What do you mean? On a bike!?

**The Dancer:** Yes, My mobile home is less than a square foot in size. It's my skull ... right on top here

(pointing to the head). I have two front windows (eyes) and two side windows (ears), an air system through these two holes here (nose) ...

**Larry Le Roi:** Oh I see. So you live in your head. You pay any rent for your home?

**The Dancer:** No. Got it free! Tell me about yourself ...

**Larry Le Roi:** Well, I live in New York. I possess a beautiful home here. Have a wife and two great kids ...

**The Dancer:** They belong to you, the home, wife and kids?

**Larry Le Roi:** Well, they are mine ...

**The Dancer:** So you own other mobile homes? I don't own mine. It's on loan and it will end up in this heap here one day. See ...



**Larry Le Roi:** I see ... and you're called Dan, short for Dancer?

**The Dancer:** People call me Dan, but I don't really have a name. In fact, I'm just a dancer.

**Larry Le Roi:** What kind of dance do you do? The hip-hop? Or ... who do you dance with?

**The Dancer:** I dance the zeek-zook with Bob!

**Larry Le Roi:** How long have you been dancing?

**The Dancer:** Ever since I came here.

**Larry Le Roi:** What were you doing before that?

**The Dancer:** I was a sprinter! The first spermatozoid to hit the finishing line – and that's how I got my

mobile home. You too, you got yours in another race but you've probably forgotten about that. Boy, we were a million times faster than Usain Bolt! But we finished without a title. And someone gave us a name instead.

**Larry Le Roi:** OK. Can I just call you Dan?

**The Dancer:** Yes, your Majesty! Call me whatever you like.

**Larry Le Roi:** OK, so you dance the zeek-zook with Bob, may I ask you who is Bob?

**The Dancer:** Bob is a drunken street brawler, a tantalizing hooker, and a caring, loving mom all in one.

**Larry Le Roi:** Why is Bob a tantalizing hooker?

**The Dancer:** Bob often gives you the “com'on” look which can tempt and lead you to a lot of pain or pleasure. Bob knows how greedy we can be. Money, sex, power ... all these can lead to some real pain. Ask some politicians or millionaires who have been in trouble. They know.

**Larry Le Roi:** OK, but how can Bob be a caring, loving mom as well?

**The Dancer:** Look, let me first explain what or who Bob is. Bob stands for Ultimate Reality. Better still, let me just quote from an article I wrote: “Bob stands for *Boss of bosses* or Ultimate Reality. Ultimate Reality is not what you want it to be, or what it should be, but what is – whatever is happening this very moment before your eyes. Whether your kids fail or succeed in their exams is a reality, a manifestation of Bob. Whether the stocks are up or down, whether the wind goes your direction on the pavement or against you, is a REALITY – or Bob manifesting itself. To get ahead in life you will need to dance with Bob. Or get stepped all over by Bob's hefty feet. You encounter Bob every day.”

**Larry Le Roi:** So, how do you dance the zeek-zook?

**The Dancer:** You have to train yourself to be extremely flexible and adapt to reality: to what is. When

Bob zeeks, you zook. When he zooks, you zeek. You may also need to zook when he zooks. Be nimble and adapt to what is.

**Larry Le Roi:** So, everything that's happening around us is Bob?

**The Dancer:** You got it! A snail or banana skin on the ground is also Bob. To the snail or to the banana skin, you are Bob. However, if you ignore the banana skin by stepping on it, Bob can make you fall and even kill you if you hit your head against a piece of rock (another Bob lying around). Snails, banana skins, or rocks are Bob. They are part of this Ultimate Reality.

**Larry Le Roi:** You mentioned that Bob is also a drunken street brawler. Can you elaborate on this?

**The Dancer:** Ever had a tough, nasty encounter with reality? A bad accident or experience for example? Bob can maul you like a drunken street brawler can, if you don't keep your eyes open or know how to avoid or handle it.

**Larry Le Roi:** But how can he also be a caring, loving mother? Is Bob transsexual?

**The Dancer:** Sort of!

**Larry Le Roi:** This is getting whacky! It's completely out of the box ...

**The Dancer:** Do you know your fly is open?

**Larry Le Roi:** Oh, I'm sorry.

**The Dancer:** I see everything from my windows (pointing to the eyes). You always open your fly during interviews?

**Larry Le Roi:** I must be feeling hot inside! I mean, I've never had such whacky start to an interview.

**The Dancer:** I'm Bob! You have no choice but to dance with Crazy Bob. I'm what is. Not what you think I should be, or what you would like or want me to be. OK, you were asking about that caring, loving mom which is also Bob.

**Larry Le Roi:** Right!

**The Dancer:** You feel good sometimes lying in a soft, warm bed at night, reading a great book? Well that's a reality you can find yourself in. But you have to really feel and appreciate it to experience the caring, loving and positive side of Bob. Being able to eat when you are hungry or to drink when you're thirsty. You don't always encounter Big Bad Bob who is out to get you.

**Larry Le Roi:** So, you live in this tiny mobile home of yours. Don't you feel claustrophobic?

**The Dancer:** Never! I often climb out of my windows and go sit on the branch of a tree.

**Larry Le Roi:** How do you do that?

**The Dancer:** Simple, I'm nothing but consciousness. Therefore I can put my consciousness or focus anywhere I want. I could be sitting on the branch of a tree listening to some birds singing and look back at my mobile home parked below the tree. You need wider perspectives and vision. Be fearless and open. Otherwise you wouldn't have the courage to climb out of your windows to explore.

**Larry Le Roi:** I see ... I'm trying my damndest to be open right now.

**The Dancer:** Don't close your side windows, either. Open them and just listen.

**Larry Le Roi:** Yeah, but sometimes I get a lot of junk thrown in there.

**The Dancer:** You don't have to believe everything I say. Anyway we are all experiencing partial reality of what is and we think that's it, we know. There's this great writer Victor Hugo who said: *“There are two ways of ignoring things; the first is by ignoring them; the second is by ignoring them while believing that one knows them. The second form of ignorance is worse than the first.”*

**Larry Le Roi:** Yeah, yeah, I know. It's tough to be open

sometimes.

**The Dancer:** You just need to feel confident. You don't need to be right. I'm often wrong! We are close-minded because we feel insecure. If you don't venture out you will feel even more insecure when facing Bob. Do you know that there's a man who can set fire to a piece of paper by just hovering his hand over it, focusing his chi energy to set it on fire? Or a person by the name of Jyothi Raj who can climb a tree, cliff or building at lightning speed, like a monkey? Well you can either open your side windows, then go verify what I just said or close them and forget about it.

**Larry Le Roi:** Let's move on to something else. What do you think of the present situation in this world?

**The Dancer:** Not too bad, if we see the bottle half full. Just continue to focus on the positives and we can create a brighter future.

**Larry Le Roi:** Yeah, but there's so much suffering going on. There's an absence of good leadership. There's rampant corruption and greed.

**The Dancer:** I was talking to a wise-guy the other day. He said we lack values and that we are on a decline. So what are you going to do about that?

**Larry Le Roi:** I don't know. I'm asking you.

**The Dancer:** I'm no wise-guy, just a dancer. You can't change this world. It's like asking Bob to dance your way. That's a helluva lot to ask! I would just be like water and flow with what is. Or be the change I want to see in others. You know why there is so much greed? We are simply watering the wrong tree!

**Larry Le Roi:** What do you mean?

**The Dancer:** Let me ask you ... Do you like money?

**Larry Le Roi:** Doesn't anyone?

**The Dancer:** Do you want money?

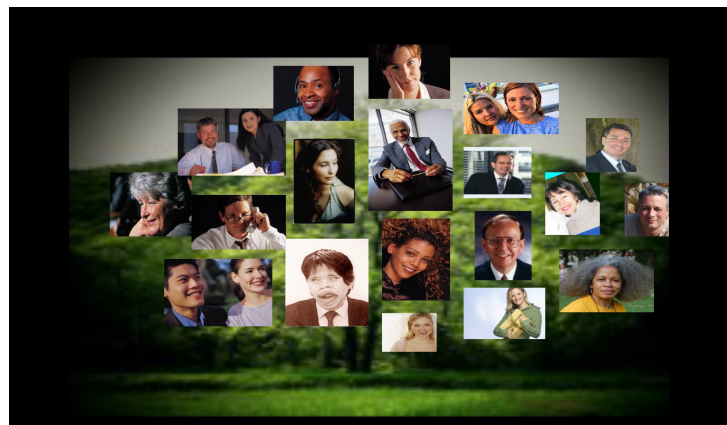


**Larry Le Roi:** Of course not. Money doesn't think!

**The Dancer:** Imagine if money were an entity ... you just discovered that this entity doesn't like you. Doesn't want you. Doesn't think you are important. Yet you continue to be crazy about it. Now this is similar to being rejected by a beautiful woman you are in love with, who doesn't even give a damn if you exist. She does not like or want you. She is ice-cold with you.  
Worse, money does not care if it is in your pocket or mine, or if it is lying in the gutter. A magnificent villa does not care if you live in it or if it is left in ruins. A Ferrari doesn't give a damn if nobody appreciates its power or beauty and leaves it locked forever in a garage.

**Larry Le Roi:** Frustrating isn't it? It's a one-way relationship. Yet we continue in this win-lose situation. Is that what you mean by watering the wrong tree?

**The Dancer:** Right, let's take a look at another tree where you find PEOPLE sitting on its branches – not material things. Humans, not status symbols like fancy cars or homes, or symbols associated with power and prestige. We can do things with people. Communicate, exchange, start projects, have fun. If we could just focus on people, creating lasting relationships, having fun, we would eventually succeed, and then money would come running and begging to take a ride in our pockets.



**Larry Le Roi:** Can you elaborate on that?



- The Dancer:** When people trust you, they can open doors to you. They can recommend you. They can give you ideas. So many things can happen – if we cultivate a sincere relationship with people.
- Larry Le Roi:** Most of us are doing the opposite, is that what you're trying to imply?
- The Dancer:** Instead of investing time and energy watering on a people-populated tree we spend time wanting, hoping, wishing and getting frustrated for things we have no immediate access to.
- Larry Le Roi:** And those who have access to these things are never fully satisfied as they continue to crave for more, leading to excess greed. Isn't this a deadly cycle we are all caught in?
- The Dancer:** Not all, some do appreciate their good fortunes.
- Larry Le Roi:** This brings a point I'd like to cover ...
- The Dancer:** Fire!
- Larry Le Roi:** Leadership. Are leaders born or made? I know this question has been hacked to death but I'd like to have your view.
- The Dancer:** A view on a resuscitated question? Well, I would say both. Having said that I believe great leaders need volcanic fire in their bellies and more importantly, a great love for mankind. There are also silent, invisible zen-like leaders that possess the power to lead. A quiet, loving and supportive mom can also yield such power. Remember the saying "*the hand that rocks the cradle rules the world*"? I'm a strong believer in that and we tend to forget their role as invisible leaders. They are not settled to a life of normalcy and domesticity. And I'd rather have a strong, loving mom than a politician for president.
- Larry Le Roi:** I see that the concept of Invisible Leadership is one of your pet topics. Can you develop on this?
- The Dancer:** To make it simple my definition of Invisible

Leadership is someone who supports and helps others get what they want. A Visible Leader is someone who believes others should follow him or her if they wish to get what they want. I don't know if this is clear to you ...

**Larry Le Roi:** You're saying that Visible Leaders are most likely to say to their followers: *“Do as you're told and follow me if you want to succeed or have your bellies full.”* And Invisible Leaders would ask *“What do you want? Let me see if I can help.”* Am I correct?

**The Dancer:** You're not far from right, your Majesty.

**Larry Le Roi:** Nah, stop kidding me on that! I'm King to no one. I'm invisible! Now, what is your concept and vision of leadership?

**The Dancer:** Leadership is a vast subject. Succinctly leadership is the sharing of beliefs, values, supporting others and helping people excel and reach the collective objective that was set forth. Loving others and being humble are essential qualities, as well as the absence of fear. Having strong convictions and the lack of ego are important criteria for leadership, but besides having strong convictions, a leader must also manage paradox and be open. And embrace a vision that goes beyond this life. What will we leave behind for future generations? Chaos and a devastated planet?

**Larry Le Roi:** Interestingly enough you mentioned going beyond this life. Do you think there is life after this life?

**The Dancer:** If you recall my mentioning earlier, that we are consciousness or energy, so we don't die. I know this may sound ooly-ooly to many. It sure sounded this way to Dr. Eben Alexander, a neurosurgeon from Harvard – till he met with Crazy Bob. Go read his best-selling book *“Proof of Heaven: A Neurosurgeon's Journey into the Afterlife.”*

**Larry Le Roi:** Why do you keep calling him Crazy Bob?

**The Dancer:** He can give you the most wonderful gift and a second later a huge wack on the head. Isn't

that crazy? Or Bob can wack you first and then smile at you with a gift.

**Larry Le Roi:** OK, so great leadership requires wider perspectives and vision. You also said something about being fearless and being open as we are experiencing only partial reality. And Bob is Ultimate Reality. Correct?

**The Dancer:** Yes, Sir!

**Larry Le Roi:** So I really want to thank you for this partial reality you shared. Is there anything you would like to add?

**The Dancer:** Every individual is a gem. Everyone has potential. If we are open and just appreciate what we have – and what we can do with what we have, it is a BIG start!

**Larry Le Roi:** That's a great positive note for everybody!

**The Dancer:** One last thing: will you publish this interview?

**Larry Le Roi:** You bet I will. It certainly will shake a few medulla-oblongatas ... Thank you, Dan!

**The Dancer:** My pleasure, your Majesty. Sorry, King, I couldn't help it!



Dan Low, a self-improvement and behavioral expert at SelfGrowth.com, is also a veteran corporate trainer. He spent 30 years helping individuals control negative emotions and life situations through Eastern / Western behavioral modification techniques. His book *"The Art of Self-Combat"* was published in France in 2002 by Pearson Education.